

Sunday 5th February	
Session 1 - 50m Pool	
WARM UP 3.00pm	
101	HDW Girls 11/Over 800m F/s
102	HDW Boys 12/Over 1500m F/s

# SUSSEX COUNTY ASA CHAMPIONSHIPS. PROGRAMME OF EVENTS 2012

Saturday 25th February	
Session 2	
8.20am. 20 MINUTE WARM UP start 8.45	
201	HDW Boys 10/Over 400 Individual Medley
WARM UP TBA	
202	Heats Boys Open 4x100 Medley relay
203	Heats Girls 9/Over 50 Breaststroke
204	Heats Boys 9/Over 50 Backstroke
205	Heats Girls 9/Over 200 Freestyle
FINALISTS 10 MINUTE WARM UP	
206	Boys open 50 Back Championship
207	Boys 11 Yrs 50 Back
208	Boys 10 Yrs 50 Back
209	Boys 9 Yrs 50 Back
210	Girls Open 50 Breast Championship
211	Girls 10 Yrs 50 Breast
212	Girls 9 Yrs 50 Breast
213	Boys Open 4x100 Medley relay Championship
214	Girls Open 200 F/s Championship

Sunday 26th February	
Session 4	
8.20am. 20 MINUTE WARM UP start 8.45	
401	HDW Girls 10/Over 400 Freestyle
WARM UP TBA	
402	Heats Girls Open 4x100 Freestyle relay
403	Heats Boys 9/Over 50 Freestyle
404	Heats Girls 9/Over 50 Butterfly
405	Heats Boys 9/Over 200 Individual Medley
FINALISTS 10 MINUTE WARM UP	
406	Girls open 50 Fly Championship
407	Girls 10 Yrs 50 Fly
408	Girls 9 Yrs 50 Fly
409	Boys Open 50 F/s Championship
410	Boys 11 Yrs 50 F/s
411	Boys 10 Yrs 50 F/s
412	Boys 9 Yrs 50 F/s
413	Girls Open 4x100 F/s relay Championship
414	Boys Open 200 IM Championship

Saturday 17th March	
Session 6	
8.20am. 20 MINUTE WARM UP start 8.45	
601	HDW Girls 10/Over 400 Individual Medley
WARM UP TBA	
602	Heats Girls Open 4x100 Medley relay
603	Heats Boys 9/Over 50 Breaststroke
604	Heats Girls 9/Over 50 Backstroke
605	Heats Boys 9/Over 200 Freestyle
FINALISTS 10 MINUTE WARM UP	
606	Girls open 50 Back Championship
607	Girls 10 Yrs 50 Back
608	Girls 9 Yrs 50 Back
609	Boys open 50 Breast Championship
610	Boys 11 Yrs 50 Breast
611	Boys 10 Yrs 50 Breast
612	Boys 9 Yrs 50 Breast
613	Girls Open 4x100 Medley relay
614	Boys Open 200 F/s Championship

Sunday 18th March	
Session 8	
8.20am. 20 MINUTE WARM UP start 8.45	
801	HDW Boys 10/Over 400 Freestyle
WARM UP TBA	
802	Heats Boys Open 4x100 Freestyle Relay
803	Heats Girls 9/Over 50 Freestyle
804	Heats Boys 9/Over 50 Butterfly
805	Heats Girls 9/Over 200 Individual Medley
FINALISTS 10 MINUTE WARM UP	
806	Boys Open 50 Fly Championship
807	Boys 11 Yrs 50 Fly
808	Boys 10 Yrs 50 Fly
809	Boys 9 Yrs 50 Fly
810	Girls Open 50 F/s Championship
811	Girls 10 Yrs 50 F/s
812	Girls 9 Yrs 50 F/s
813	Boys Open 4x100 F/s relay Championship
814	Girls Open 200IM Championship

Session 3	
WARM UP TBA	
301	Heats Boys 16/Under (Junior) 4x50 F/s relay
302	Heats Girls 11/Over 100 Breaststroke
303	HDW Boys 9/Over 200 Backstroke
304	Heats Girls 11/Over 100 Freestyle
305	Heats Boys 9/Over 100 Individual Medley
FINALISTS 10 MINUTE WARM UP	
306	Girls Open 100 Breast Championship
307	Girls 11 Yrs 100 Breast
308	Girls 12 Yrs 100 Breast
309	Girls 13 Yrs 100 Breast
310	Girls 14 Yrs 100 Breast
311	Boys Open 100 IM Championship
312	Boys 11 Yrs 100 IM
313	Boys 10 Yrs 100 IM
314	Boys 9 Yrs 100 IM
315	Girls Open 100 F/s Championship
316	Girls 11 Yrs 100 F/s
317	Girls 12 Yrs 100 F/s
318	Girls 13 Yrs 100 F/s
319	Girls 14 Yrs 100 F/s
320	Boys Junior Championship 4x50 F/s relay

Session 5	
WARM UP TBA	
501	HDW Girls 9 years 4 x 25m Medley relay
502	HDW Boys 9 years 4 x 25m Freestyle relay
503	HDW Girls 9/Over 200 Breaststroke
504	Heats Boys 12/Over 100 Butterfly
505	Heats Girls 11/Over 100 Backstroke
506	Heats Boys 16/Under (Junior) 4x50 Medley relay
507	HDW Girls 9/Over 200 Butterfly
FINALISTS 10 MINUTE WARM UP	
508	Boys Open 100 Fly Championship
509	Boys 12 Yrs 100 Fly
510	Boys 13 Yrs 100 Fly
511	Boys 14 Yrs 100 Fly
512	Boys 15 Yrs 100 Fly
513	Girls Open 100 Back Championship
514	Girls 11 Yrs 100 back
515	Girls 12 Yrs 100 back
516	Girls 13 Yrs 100 back
517	Girls 14 Yrs 100 back
518	Boys Junior Championship 4x50 Medley relay

Session 7	
WARM UP TBA	
701	Heats Girls 16/Under (Junior) 4x50 F/s relay
702	Heats Boys 12/Over 100 Breaststroke
703	HDW Girls 9/Over 200 Backstroke
704	Heats Boys 12/Over 100 Freestyle
705	Heats Girls 9/Over 100 Individual Medley
FINALISTS 10 MINUTE WARM UP	
706	Boys Open 100 Breast Championship
707	Boys 12 Yrs 100 Breast
708	Boys 13 Yrs 100 Breast
709	Boys 14 Yrs 100 Breast
710	Boys 15 Yrs 100 Breast
711	Girls Open 100 IM Championship
712	Girls 10 Yrs 100 IM
713	Girls 9 Yrs 100 IM
714	Boys open 100 Freestyle Championship
715	Boys 12 Yrs 100 Freestyle
716	Boys 13 Yrs 100 Freestyle
717	Boys 14 Yrs 100 Freestyle
718	Boys 15 Yrs 100 Freestyle
719	Girls Junior Championship 4x50 F/s relay

Session 9	
WARM UP TBA	
901	HDW Boys 9 years 4 x 25m medley relay
902	HDW Girls 9 years 4 x 25m freestyle relay
903	HDW Boys 9/Over 200 Breaststroke
904	Heats Girls 11/Over 100 Butterfly
905	Heats Boys 12/Over 100 Backstroke
906	Heats Girls 16/Under (Junior) 4x50 Medley relay
907	HDW Boys 9/Over 200 Butterfly
FINALISTS 10 MINUTE WARM UP	
908	Girls open 100 Fly Championship
909	Girls 11 Yrs 100 Fly
910	Girls 12 Yrs 100 Fly
911	Girls 13 Yrs 100 Fly
912	Girls 14 Yrs 100 Fly
913	Boys open 100 Back Championship
914	Boys 12 Yrs 100 Back
915	Boys 13 Yrs 100 Back
916	Boys 14 Yrs 100 Back
917	Boys 15 Yrs 100 Back
918	Girls Junior Championship 4x50 Medley relay